

PASSION. DEDICATION. PERFORMANCE.



2024 / 2025
REGISTRATION

www.pantusodance.com

WELCOME TO PANTUSO DANCE

Pantuso Dance is committed to providing the highest quality dance training in a respectful, supportive, fun and non-competitive environment. Students gain an appreciation for the art of dance and are given the opportunity to reach their own greatest potential. We foster a community of active and involved teachers, students and family members who are inspired by a love of the performing arts.

PANTUSO FACULTY

LINDSAY STERK, ARTISTIC DIRECTOR: Jazz, Tap, Musical Theatre, Ensemble, Preschool
Lindsay has been the Artistic Director of Pantuso Dance since 2007 and has grown his studio into a hub for dance and is the proud winner of the *Small Business of the Year* and *Reader's Choice Award*. An accomplished dancer, singer and actor, Lindsay has performed, choreographed and taught across Canada and has been featured on major Canadian stages. He holds a Bachelor of Music and Diploma in Theatre Arts. He continues to hone his craft so he can continue to inspire the next generation of dancers.

CAMILLE LUCAS: Acro, Ballet, Lyrical, RAD, Ensemble

Cami is honoured to have been on the faculty at Pantuso Dance for the past 5 years after training at the school since 2007. A versatile dancer trained in many styles, her focus is on ballet and the Royal Academy of Dance, from which she holds registered teaching status. She has attained her Acro certification and continuously pursues opportunities to enhance her dance education. Cami strives to always be learning and improving, which she encourages in her students. Most of all she believes in fostering a fun, comforting, and safe environment for her dancers. Let's get dancing!

CHRISTY KOOMAN: Ballet, Contemporary, Ensemble

Christy has been dancing and choreographing locally and internationally for over 20 years. Dance has taken her from the Courtenay School of Dance, to the Alberta Ballet School and to the Royal Winnipeg Ballet School. Extensive anatomy and physiology training fuel her desire for technical excellence. Christy believes in creating an encouraging atmosphere so students can see themselves as artists.

PAUL GERRITSEN: Hip Hop, Jazz, Lyrical, Ensemble

Paul is so excited to start his second season at Pantuso! After finishing a 20 year career dancing professionally on stages around the world, Paul is ready to pass on his wealth of knowledge. A graduate of the Canadian College of Performing Arts, Paul is well rounded in all styles of dance and continues to be eager to learn anything and everything! Above all, Paul strives to create an energetic, positive learning environment which will leave students happy and wanting more.

PANTUSO DANCE LEVELS & NOTES

EXPERIENCED DANCE STUDENTS (CHILDREN & YOUTH)

Following our studio philosophy, we use a class designation system that will help students concentrate on being the best dancer possible rather than a "level" of dance. All of our classes, for students with moderate to extensive experience and skills, are given fun class names that relate to an aspect of each discipline (ex: Ballet Allegro, Tap Scuffle, Jazz Lindy etc).

We have grouped students in these classes according to a number of factors including: skill, confidence, experience, technique, age, performance quality, dedication, behaviour and class dynamic. This process starts in January and there is an extensive amount of thought and consideration put into composing classes. Our goal is to give students the best dance experience possible in a learning environment that that will help each student reach their full potential.

Experienced students that are new to Pantuso Dance should contact Kelly to set-up an assessment.

BEGINNING STUDENTS & STEPS CLASSES (CHILDREN & YOUTH)

Our series of classes for students who are just starting out or are continuing to work on the fundamental skills is called "Steps". Each of our dance disciplines has a series of Steps classes with designated age groups. All new students are able to register in any age-appropriate Steps program. Please note that it is normal for students to be in Steps classes for 2 or more seasons.

Steps classes are registered by age group and based on the age the student will be on December 31.

If you want to register for a dance discipline that you have not taken and is a higher skill bracket than Steps, please contact Kelly to be directed towards the appropriate class or to set up an assessment.

ADULT CLASSES

We are very happy to offer classes for adults (post high-school and up) in Ballet, Broadway Jazz, Contemporary, Jazz, Lyrical Hip Hop, Tap and RAD Discovering Repertoire. Please see the "Adult" section for information on these classes.

CO-REQUISITES & CLASS ICONS

Ballet technique is a fundamental skill required for many dance styles. In order for our students to progress and achieve their full potential, Ballet is a co-requisite for some of our Jazz and Contemporary classes for experienced students. Jazz is a co-requisite for Lyrical, along with Ballet.

Please check your class (just above the class time/date) to see if co-requisites apply (see icons below).

Please take note of the following icons listed beside individual class names.

(b): Ballet required (j): Jazz required (t): Tap required (i): invitational

GROOVE 2025 & PANTUSO EVENTS

GROOVE 2025 (YEAR-END RECITAL): DATE TBA

Groove 2025 is our annual recital at the Sid Williams Theatre that showcases the dedication and hard work of our recital students throughout the year. It consists of three evening performances and, possibly, one Saturday matinee. Groove will be either Thursday May 1 to Saturday May 3 or Thursday May 9 to Saturday May 10, plus mandatory rehearsal starting the Sunday prior. We will have exact dates given to us by the Sid Williams Theatre in June.

Participation in Groove is mandatory for all recital classes (excluding tech, RAD and seasonal programs). A large portion of class time is spent on recital choreography and all students are required to take part.

All Groove recital students, that attend Picture Day, receive a complimentary class photo.

Detailed Groove rehearsal and performance schedules will be sent out after the Christmas break.

MASTERCLASS: MARCH 2 & 3

Pantuso Dance is happy to host our very own dance festival every year. This event gives Pantuso students the opportunity to experience a positive, encouraging dance festival with professional adjudicators. MasterClass does not have student entry fees thanks to full sponsorship from the Pantuso Parent Auxiliary.

All recital classes will be participating in MasterClass on March 2. All Pantuso Performance Works groups will be participating in MasterClass on March 3.

SHINE: MARCH 7

Our Pantuso Performance Works and Ensemble students will be performing in Shine at the Sid Williams Theatre. This is our showcase of invitational solos, duets and small groups that learn choreography outside of regular class time.

PANTUSO REGISTRATION & POLICIES

REGISTER ONLINE AT WWW.PANTUSODANCE.COM.

Registration for current Pantuso families begins on Sunday April 28, 8:00am.

Registration for new families begins on Saturday May 4, 8:00am.

NEW STUDENTS

All new students are welcome to register in any Steps program.

If the new student has prior dance experience and would like to be placed in a class with like-skilled peers, they must book an assessment (for each program) prior to registering (\$25 fee per assessment). This is to ensure that students are placed in the appropriate program for their ability.

Please contact Kelly at mccreakelly@outlook.com to arrange an assessment.

TUITION FEES

A non-refundable deposit of \$50 per student, per class is required at the time of registration.

The balance of payments are due August 1 **or** you can schedule payments that will be charged on the first of each month (August 1 to March 1). Payments will be accepted by credit card, e-transfer, cheque or cash. Registrants will be sent payment information in July.

Tuition fees will not be split between multiple payers as it creates too many administrative challenges. Thank you for working out family finances outside of dance tuition fees.

Payments for any classes in the Preschool Program are due by the first class.

GST will be added to the listed tuition fees.

A charge of \$30 will be applied to NSF cheques and declined credit cards.

Those using any subsidy or homeschool funding must notify us by July 15. We will send information

regarding procedures to use these resources.

REFUNDS

There are no tuition fee refunds for our full year programs after October 15 (except for medical reasons). Monthly payments after this date will continue for all withdrawals until the last payment on March 1.

Refunds prior to October 15 will receive a pro-rated refund (based on monthly payments starting August 1), minus the class deposits. Class deposits are non-refundable.

DISCOUNTS

Those that pay their tuition in full (one payment excluding deposit) using *cash, cheque or e-transfer only*, by August 1 are entitled to a 3% discount. Please note that the 3% discount doesn't apply to those paying by credit card due to high merchant fees or those using Jumpstart subsidy, home school funding or other subsidy programs or seasonal preschool and adult programs.

A 10% multi-class discount on course fees is available to students taking 2 or more classes. Please note the multi-class discount does not apply to those using Jumpstart subsidy, home school funding or other subsidy or seasonal preschool and adult programs.

In addition to the above discounts, individual students taking 9 or more programs will be charged for the first 8 programs only (9th, 10th etc. least expensive classes will be complimentary). This and all discounts excludes Performance Works, Ensemble, Summer Intensives and workshops.

COSTUME FEES

Classes participating in the year-end recital will be billed a costume fee. Please note the costume fees include the cost of the costume, tights (if required), alterations, labour, duties, taxes and shipping.

To find out the costume fee for your class, please refer to the letter code after the date and time information for each class listed in this guide.

Tier **A**: \$80 Tier **B**: \$85 Tier **C**: \$90 Tier **D**: \$100

Costume fees are due November 1.

CLASS TIMES AND HOLIDAYS

Our 24/25 dance season starts on Tuesday September 3. Depending on Groove recital dates, the last day of classes will be either Friday May 9 or Saturday May 10.

Class times and days are subject to change. Please check our website for current information.

Classes do not run on stat holidays except for Monday February 17 (Family Day) and Monday April 21 (Easter Monday). Classes run as usual on all school professional days.

Christmas Break: Tuesday December 17 to Sunday January 5.

Spring Break: Saturday March 22 to Sunday March 30 (classes run the first week of Spring Break).

Students are expected to miss no more than four classes throughout the year.

Questions?

If you have questions about any of our programs, policies or events please don't hesitate to contact Kelly at mccreakelly@outlook.com.

SUMMER CAMPS & DROP-IN'S

Registration for our 2024 summer intensive camps is on now at www.pantusodance.com.

PANTUSO SUMMER DANCE INTENSIVE

Prepare to sweat in our multi-disciplinary camps. An intensive for intermediate to advanced students. Work on ballet, contemporary, hip hop, jazz, lyrical, and conditioning throughout the week (note that you do not need experience in hip hop to participate).

Students will also develop their own choreography with the guidance of our instructors. They will complete the week with a show (in costume) for family and friends.

Students in the following ballet classes for the 24/25 dance season are eligible: Allegro, Coupé, Frappé and Tendu or with permission.

ENSEMBLE AUDITIONED PROGRAM

Pantuso Ensemble is a supplementary training program designed to push the technical and artistic abilities of our higher level dancers. It includes advanced technique as well as choreography. Ensemble performs in Groove MasterClass and Shine, as well as other performance opportunities throughout the year. Students should expect group and independent rehearsals (as assigned) in addition to class time.

Ensemble is by invitation after audition, and students who are accepted into this program must make a full time commitment to it.

Minimum Requirements

- Ballet Allegro, Coupé or Frappé or with permission.
- Mandatory enrollment in Contemporary, Ballet, Jazz, Lyrical and Jumps & Turns (preference given to students in RAD and tech classes as well).

DID YOU KNOW?

If you pay your tuition in full using *cash, cheque or e-transfer only* by August 1, you receive a 3% tuition discount. (This does not apply to credit card or subsidy payments or seasonal programs.)

We will organize students into appropriate age and skill-based groupings. A detailed camp schedule will be sent in July.

All Ensemble students should be registered in this camp unless they already have previously scheduled holidays.

(Cami L, Christy K, Meesh M, Lindsay S)

SUMMER DANCE INTENSIVE

Mon-Thu 9:30-3:00 Aug 12-15 \$199

SPRING/SUMMER DROP-IN'S

Watch your e-mails for info about FREE drop-in's for our students registered for the 24/25 season.

We are able to provide these free classes to our students thanks to the generous sponsorship from the Pantuso Parent Auxiliary.

- Enrollment in the Pantuso Summer Dance Intensive is highly recommended (see above).
- Students will be entered in 1 or 2 outside dance festivals and will perform 1 Ensemble dance as well as 2 to 3 of their regular recital class pieces.

PANTUSO ENSEMBLE SPIRIT (i)

Fri 4:00-5:15 Sep 6-May 10 \$325 D

PANTUSO ENSEMBLE INSPIRE (i)

Fri 5:15-7:00 Sep 6-May 10 \$350 D

ENSEMBLE AUDITIONS

All students must audition for the next dance season (including current Ensemble students).

Audition will be held on:

Mon 4:00-8:00 (exact time TBA) May 13

To register for the auditions or more info, please e-mail Kelly at: mccreakelly@outlook.com.

BALLET PROGRAM

BALLET

(Recital Classes) Develop a solid dance foundation and learn the fundamentals in an engaging, non-competitive and fun atmosphere. We encourage all of our students to have a good understanding of ballet in order to master other dance styles. Royal Academy of Dance classes (non-recital) are recommended for our experienced students (please see the RAD section for more information).

(Cami L, Christy K)

BALLET STEPS 4-5YRS

Thu 3:15-4:00 Sep 5-May 10 \$485 A

BALLET STEPS 6-7YRS

Thu 4:15-5:00 Sep 5-May 10 \$485 A

BALLET STEPS 8-11YRS

Thu 5:00-6:00 Sep 5-May 10 \$527 B

BALLET STEPS 12YRS&UP

Thu 6:45-7:45 Sep 5-May 10 \$527 C

BALLET ALLEGRO

Tue 7:00-9:00 Sep 3-May 10 \$680 D

Pointe is included in this class.

BALLET CHASSÉ

Mon 6:15-7:30 Sep 9-May 10 \$531 D

BALLET COUPÉ

Tue 5:00-7:00 Sep 3-May 10 \$680 D

Pointe is included in this class.

RAD I.F. recommended to Coupé students.

BALLET FRAPPÉ

Mon 4:15-5:30 Sep 9-May 10 \$531 D

Pre-pointe is recommended for this class.

RAD Grade 4 recommended to Frappé students.

BALLET JETÉ

Wed 7:45-9:00 Sep 4-May 10 \$582 D

BALLET PLIÉ

Mon 3:15-4:15 Sep 9-May 10 \$482 C

RAD Grade 1 recommended to Plié students.

BALLET TENDU

Tue 4:00-5:00 Sep 3-May 10 \$527 C

Pre-pointe is recommended for this class.

RAD Grade 3 recommended to Tendu students.

BALLET ADULTS

Please see the ADULT section.

PRE-POINTE & POINTE

Please see the TECH section.

BALLET DRESS CODE

Girls Clothing: Pink ballet tights and black leotard. Hair in a proper Ballet bun.

Girls Shoes (all classes but those listed below): Pink ballet slippers in canvas or leather (no gymnastics slippers).

Girls Shoes (Frappé): Pre-pointe shoes (soft blocks) and pink ballet slippers in canvas or leather.

Girls Shoes (Allegro, Coupé): Pink ballet slippers, pre-pointe shoes and pointe shoes.

Pre-Pointe: Pink pre-pointe shoes (soft blocks).

Pointe: Pink pointe shoes.

Boys: Black ballet slippers, form-fitting, black dance pants and white form-fitting top, tucked in (no gymnastics slippers). Long hair tied back.



CONTEMPORARY PROGRAM

CONTEMPORARY

(Recital Classes) Contemporary is a continually evolving style of dance that is initiated from an emotional standpoint, combining elements of ballet, contemporary ballet, modern and more. Due to the complexity, all Contemporary students, in experienced classes, must be registered in a Pantuso Ballet class.

(Christy K)

CONTEMPORARY STEPS 9-12YRS

Mon 3:15-4:15 Sep 9-May 10 \$482 B

CONTEMPORARY STEPS 12YRS&UP (b)

See Contemporary Connect below.

CONTEMPORARY ATTITUDE (b)

Thu 7:45-9:00 Sep 5-May 10 \$582 C

CONTEMPORARY CONNECT (b)

Mon 4:15-5:30 Sep 9-May 10 \$531 C

CONTEMPORARY EXTENSIONS (b)

Thu 5:15-6:30 Sep 5-May 10 \$582 C

CONTEMPORARY FOCUS (b)

Mon 7:30-8:45 Sep 9-May 10 \$531 C

CONTEMPORARY SPIRAL (b)

Thu 4:00-5:15 Sep 5-May 10 \$582 C

ACRO

Please see the TECH section.

CONTEMPORARY ADULTS

Please see the ADULT section.

JUMPS & TURNS

Please see the TECH section.

CONTEMPORARY DRESS CODE

Girls: Nude half-soles, footless tights and black leotard). Hair in a bun.

Boys: Form-fitting, black dance pants/shorts and white form-fitting top (tucked). Long hair tied back.

HIP HOP PROGRAM

HIP HOP

(Recital Classes) Our high-energy classes use the latest rap, R&B and pop music and encompass elements of: poppin', locking, breaking and freestyle. There is emphasis on developing each dancer's own personal and distinct style in a non-judgmental environment.

(Paul G)

HIP HOP STEPS 5-7YRS

Tue 3:15-4:00 Sep 3-May 10 \$485 A

HIP HOP STEPS 8-11YRS

Tue 4:00-4:45 Sep 3-May 10 \$485 B

HIP HOP STEPS 12YRS&UP

Wed 7:30-8:45 Sep 4-May 10 \$582 C

HIP HOP HYPE

Wed 6:15-7:30 Sep 4-May 10 \$582 C

HIP HOP FUNK

Mon 7:30-8:45 Sep 9-May 10 \$531 C

HIP HOP ADULTS

Please see the ADULT section.

HIP HOP DRESS CODE

All: Loose, comfortable clothing (no jeans) and non-marking, rubber-soled, indoor shoes.

Test to ensure that they are non-marking. Shoes should be black, white or any combo of black and white (no colour on shoes or laces). Shoes are for indoor use only.

LOOKING FOR CLASSES FOR 2, 3 AND 4 YEAR OLDS?

Please see Ballet Steps 4-5yrs under our Ballet Program (recital class) and our Preschool Dance Program on the last page of this guide (seasonal, non-recital classes).

JAZZ & LYRICAL PROGRAM

JAZZ

(Recital Classes) Develop skills through innovative choreography with emphasis on technique and performance. Develop an individual style, while learning jumps, isolations, contractions and turns.

Due to the complexity, all Jazz students must be registered in a Pantuso Ballet class (except Steps classes for which Ballet is recommended). (Lindsay S, Paul G)

JAZZ STEPS 5-7YRS

Mon 3:30-4:15 Sep 9-May 10 \$443 A

JAZZ STEPS 8-9YRS

Wed 3:30-4:15 Sep 4-May 10 \$485 A

JAZZ STEPS 10-13YRS

Wed 4:15-5:15 Sep 4-May 10 \$527 B

JAZZ AXEL (b)

Mon 5:30-6:45 Sep 9-May 10 \$531 C

JAZZ PIVOT (b)

Tue 4:45-6:00 Sep 3-May 10 \$582 C

JAZZ SUGAR (b)

Thu 4:45-6:00 Sept 5-May 10 \$582 C

JAZZ TRUCKIN' (b)

Wed 5:00-6:15 Sep 4-May 10 \$582 C

MUSICAL THEATRE PROGRAM

MUSICAL THEATRE

(Recital Classes) Explore the world of Musical Theatre through song and dance. Emphasis on dance, acting and vocal techniques provide the skills to become a "Triple Threat" in a positive atmosphere. We recommend Musical Theatre students enroll in additional dance classes.

(Lindsay S, Paul G)

MUSICAL THEATRE STEPS 8-12YRS

Tue 5:00-6:00 Sep 3-May 10 \$527 B

DID YOU KNOW?

It is our priority to ensure that all classes and recital dances are age appropriate including: choreography, music, lyrics, costumes and make-up.

LYRICAL

(Recital Classes) A combination of ballet, jazz and modern. Soft, expressive movement and emotional connection to the music explored.

(Cami L, Paul G)

LYRICAL EXPRESSIONS (b & Jazz Truckin')

Wed 6:15-7:00 Sep 4-May 10 \$485 C

LYRICAL ILLUSION (b & Jazz Axel)

Mon 6:45-7:30 Sep 9-May 10 \$443 C

LYRICAL RELEASE (b & Jazz Sugar)

Thu 6:00-6:45 Sep 5-May 10 \$485 C

LYRICAL RESIST (b & Jazz Pivot)

Tue 6:00-6:45 Sep 3-May 10 \$485 C

JAZZ ADULTS

Please see the ADULT section.

JAZZ DRESS CODE

Girls: Slip-on, black jazz shoes, black leotard, nude tights. Hair in a bun.

Boys: Slip-on, black jazz shoes, form-fitting, black dance pants and white form-fitting top, tucked in.

LYRICAL DRESS CODE

Clothing as above but with nude half-soles.

MUSICAL THEATRE ASTAIRE

Wed 4:00-5:00 Sep 4-May 10 \$527 C

MUSICAL THEATRE GARLAND

Tue 3:15-4:15 Sep 3-May 10 \$527 C

MUSICAL THEATRE MIRANDA

Wed 5:15-6:15 Sep 4-May 10 \$527 C

MUSICAL THEATRE DRESS CODE

All: Black, slip-on jazz shoes (no laces) and form-fitting dancewear. No jeans or street clothes. Long hair tied back.



ROYAL ACADEMY OF DANCE PROGRAM

RAD BALLET

The Royal Academy of Dance is one of the world's most influential dance education organisations. Our RAD programs are taught by our certified RAD and Ballet teacher Camille Lucas.

Our experienced Ballet students are highly encouraged to participate in our RAD program. Recommended classes can be found with each class in the BALLET section.

All students will require RAD uniforms and information will be sent to registered students.

RAD students have the option of participating in exams. It is not a requirement.

The fees below apply only to students taking exams and will be charged prior to the exam.

TAP PROGRAM

TAP

(Recital Classes) Experience the joy of making music with your feet and explore all styles of tap while working on challenging and fun choreography. A variety of music is explored to develop expression, rhythm and technique.

(Lindsay S)

TAP STEPS 5-7YRS

Wed 3:15-4:00 Sep 4-May 10 \$485 A

TAP STEPS 8-12YRS

Thu 4:00-4:45 Sep 5-May 10 \$485 B

TAP FLAP

Tue 4:15-5:00 Sep 3-May 10 \$485 A

TAP RIFF

Tue 8:00-9:00 Sept 3-May 10 \$527 C

TAP PARADIDDLE

Thu 3:15-4:00 Sep 5-May 10 \$485 C

TAP SHIMMY

Thu 8:00-9:00 Sep 5-May 10 \$527 C

TAP SLAM

Tue 7:00-8:00 Sep 3-May 10 \$527 C

RAD Exam Fee \$85-325: depending on grade as set by RAD.

RAD Exam Prep Fee \$61: covers 2 mock exams and other exam-related expenses.

RAD Grade 1 (b)

Tue 3:15-4:00 Sep 3-May 10 \$485

RAD GRADE 3 (b)

Wed 3:15-4:15 Sep 4-May 10 \$527

RAD GRADE 4 (b)

Wed 4:15-5:15 Sep 4-May 10 \$527

RAD I.F. GREEN (b)

Mon 4:15-5:15 Sep 9-May 10 \$482

RAD I.F. BLUE (b)

Mon 6:15-7:30 Sep 9-May 10 \$531

RAD ADULTS

Please see the ADULT section.

TAP SMACK

Thu 6:00-7:00 Sep 5-May 10 \$527 C

TAP BOYS

(Recital Class) A inclusive boys' tap class for keen intermediate to advanced dancers.

(Lindsay S)

TAP BOYS (i,t)

Tue 6:45-7:45 Sep 3-May 10 \$527 C

TAP TECH

Please see the TECH section.

TAP ADULTS

Please see the ADULT section.

TAP DRESS CODE

All: Tap shoes and form fitting flexible dance wear. Jeans are not permitted

Shoes should be hard soled and heavy, taps should have 3 screws. Do not loosen the taps. *So Danca, Bloch, Miller & Ben* and *Capezio* are good brands. No patent leather tap shoes.

TECH PROGRAM

Our tech classes are supplementary training programs that give our dancers an extra opportunity to work on skills and technique in a supportive, challenging, multi-level environment. They do not participate in the recital and most require registration in recital programs to participate (as listed).

ACRO

(Non-Recital Classes) A combination of technique and athleticism. Includes balancing, limbering, and tumbling, based on flexibility, control and strength. Blend musicality, expression, line and extension with acro movements in a dance context.

(Cami L)

ACRO SPIRIT (b)

(Co-req: Frappé, Tendu or w/ permission)

Wed 5:15-6:15 Sep 4-May 10 \$498

ACRO INSPIRE (b)

(Co-req: Allegro, Coupé, Jeté)

Mon 5:15-6:15 Sep 9-May 10 \$452

JUMPS & TURNS TECH

(Non-Recital Classes) Challenge your technique in this class dedicated to the myriad of jumps and turns, plus, conditioning for dancers.

(Cami L, Christy K, Lindsay S, Paul G)

JUMPS & TURNS SPIRIT (b)

(Co-req: Ballet Frappé, Tendu)

Fri 5:15-6:00 Sep 6-May 10 \$441

JUMPS & TURNS INSPIRE (b)

(Co-req: Ballet Allegro, Coupé, Jeté)

Fri 4:15-5:15 Sep 6-May 10 \$482

BROADWAY JAZZ PERFORMANCE

A fast-paced performance choreo class for our intermediate/advanced jazz students (enrolled in Jazz Sugar or Truckin' or with permission). Performs in MasterClass and Shine and possibly, one outside festival. Must be available for all session dates as listed.

(Lindsay S)

DID YOU KNOW?

All of our recital students participate for FREE in our in-house dance festival, MasterClass at the Sid Williams Theatre in March, thanks to the sponsorship of our Pantuso Parent Auxiliary.

PRE-POINTE & POINTE TECH

(Non-Recital Classes) A comprehensive series that prepares students for pointe, beginning with a pre-pointe strength program through to full pointe. Please see your "customer portal" to see if you qualify for Pre-Pointe or Pointe or speak to Kelly.

(Cami L, Christy K)

PRE-POINTE TECH (i, b)

(Co-req: Frappé, Tendu or w/ permission)

Mon 5:30-6:15 Sep 9-May 10 \$413

POINTE TECH (i, b)

(Co-req: Allegro, Coupé or w/ permission)

Wed 7:00-7:45 Sep 4-May 10 \$455

TAP TECH

(Non-Recital Class) Expand technique and foot work in an intensive class for experienced tap dancers.

(Lindsay S)

TAP TECH INSPIRE (t)

(Co-req: Shimmy, Slam, Smack)

Thu 7:00-8:00 Sep 5-May 10 \$498

BROADWAY JAZZ PERFORMANCE YOUTH

Wed 4:00-6:00 Dec 18

Sun 9:00-11:00 Jan 12

Fri 1:45-3:45 Feb 14

Mon 1:15-3:15 Feb 17 \$108 C

ADULT PROGRAM

Our dedicated adult program provides dancers the opportunity to expand their dance technique in a encouraging, fun and engaging environment. Adult classes have designated levels to ensure students are challenged and class content is appropriate to skill levels. Current students should check your customer portal for recommendations or contact Kelly. New students who would like to register in a advanced-beginner or above, should contact Kelly for more info. Assessments may be required.

BALLET TECH

Work on ballet fundamentals, barre, centre, turn and jumps while increasing strength and flexibility. No performances. (Cami L)

BALLET TECH ADULTS

(BEGINNER TO ADVANCED-BEGINNER)

Mon 7:30-8:45 Sep 9-Apr 29 \$452

BALLET TECH ADULTS

(INTERMEDIATE TO ADVANCED)

Thu 7:45-8:45 Jan 9-May 1 \$265

BROADWAY JAZZ PERFORMANCE

A fast-paced choreo class for our keen dancers. Students should be able to pick up choreography quickly, have a good grasp of dance terminology and be prepared to practice outside of class time. Performs in MasterClass and Shine. (Paul G)

BROADWAY JAZZ

PERFORMANCE ADULTS

(ADVANCED-BEGINNER TO ADVANCED)

Tue 8:00-9:15 Jan 7-Feb 25 \$180 C

CONTEMPORARY DYNAMICS

A challenging class for our experienced dancers. A continually evolving style that is initiated from an emotional standpoint, combining elements of ballet, modern and contemporary ballet. Performs in MasterClass and Groove. (Christy K)

CONTEMPORARY DYNAMICS ADULTS

(INTERMEDIATE TO ADVANCED)

Thu 6:45-8:00 Sep 5-May 10 \$582 C

HIP HOP

A high-energy class with the latest music. Emphasis on developing personal style in a fun environment. Performs in MasterClass and

Groove. (Paul G)

HIP HOP LOCK ADULTS

(ALL LEVELS)

Tue 6:45-8:00 Sep 3-May 10 \$582 C

JAZZ & LYRICAL SESSIONALS

Work on skill fundamentals through innovative combos with emphasis on technique. Focus on jumps, isolations, contractions and turns within in your own skill level. No performances. (Paul G)

JAZZ SESSIONAL ADULTS

(ADVANCED-BEGINNER TO ADVANCED)

Tue 8:00-9:00 Sep 3-Oct 15 \$126

LYRICAL SESSIONAL ADULTS

(ADVANCED-BEGINNER TO ADVANCED)

Tue 8:00-9:00 Oct 22-Dec 10 \$144

RAD Grade 8 Adults

For our current RAD adult only (exam completion). Exam and exam prep fee may be applicable.

RAD GRADE 8 ADULTS

Thu 8:00-9:15 Sep 5-Dec 12 \$270

TAP

Experience the joy of making music with your feet, explore all styles of tap with challenging, fun choreography. No performances for Tap Tech. Scuffle and Stomp perform in MasterClass and Groove. (Lindsay S)

TAP SCUFFLE ADULTS

(ADVANCED-BEGINNER TO INTERMEDIATE)

Wed 6:15-7:15 Sep 4-May 10 \$527 C

TAP STOMP ADULTS

(INTERMEDIATE TO ADVANCED)

Wed 8:00-9:00 Sep 4-May 10 \$527 C

TAP TECH ADULTS

(ADVANCED-BEGINNER TO ADVANCED)

Wed 7:15-8:00 Sep 4-May 10 \$455

PRESCHOOL DANCE PROGRAM

Join us for these amazing introductory ballet classes for young ones, taught by Lindsay in a nurturing, engaging and fun atmosphere.

If you are interested in registering your young one in a full-year recital program (September through May), please see our Ballet program for children 4 years and up and our Ballet, Hip Hop, Jazz and Tap programs for children 5 years and up.

BOUNCING BUNNIES 2YRS

PARENT PARTICIPATION REQUIRED

(Non-Recital Classes) An engaging introduction to dance in a welcoming and fun class for parents and tots.

FALL SESSION

Tue 9:30-10:00 Sep 10-Dec 3 \$149

WINTER SESSION

Tue 9:30-10:00 Jan 7-Mar 18 \$126

SPRING SESSION

Tue 9:30-10:00 Apr 1-29 \$58

LEAPING LAMBS BALLETT 3YRS

(Non-Recital Classes) A fun and interactive intro to ballet in an inclusive, friendly environment. Students should be comfortable participating with minimal/no parental support.

FALL SESSION

Tue 10:00-10:45 Sep 10-Dec 3 \$165

WINTER SESSION

Tue 10:00-10:45 Jan 7-Mar 18 \$138

SPRING SESSION

Tue 10:00-10:45 Apr 1-29 \$62

TWIRLING TIGERS BALLETT 4YRS

(Non-Recital Classes) Ballet basics for preschool and kindergarten children in a supportive, fun atmosphere. Students should be comfortable participating without parental support.

FALL SESSION

Tue 10:45-11:30 Sep 10-Dec 3 \$165

WINTER SESSION

Tue 10:45-11:30 Jan 7-Mar 18 \$138

SPRING SESSION

Tue 10:45-1:30 Apr 1-29 \$62

PRESCHOOL DRESS CODE:

Ballet slippers, Robeez-style slippers or non-slip socks (no gymnastics slippers please) and comfortable, stretchy clothing or ballet leotard and tights.

REGISTER ONLINE AT

WWW.PANTUSODANCE.COM

Registration for current Pantuso families begins on Sunday April 28, 8:00am.

Registration for new families begins on Saturday May 4, 8:00am.



Lindsay Sterk, Artistic Director, pantusodance@gmail.com
2659 Moray Place, Courtenay, BC, V9N 8A9, 250.702.0432

If you have questions about our classes, please contact:
Kelly McCrea, Program Coordinator, mccreakelly@outlook.com

Register online at www.pantusodance.com.

Registration for current Pantuso families begins on Sunday April 28, 8:00am.

Registration for new families begins on Saturday, May 4, 8:00am.